

YOG – THE UNION

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Every time, he interacted with her
It ended up in a conflict of the adverse
He as the 'Body' and she as the 'Mind'
Seemingly worst rivals in the universe!

The Mind felt like a sinking ship
submerged under the Body askew
Struggling to stay afloat to renew!
when the 'Heart' stepped into rescue
Using buoyancy of love as a cue!

And then came that magical phase,
when the gap got bridged with grace!
It was Yog that brought the 'Union'
Fusing the entities Body, Mind & Heart
converging them into communion!

Like a Coordinate Covalent bond
between two atoms – Body n Mind
Ready to share an extra electron
To become the 'Soul' in the Grind!

A bond that's not just unusually rare
perhaps of the kind, when parents care!
A bond when connected, leading to
the presence of absolute solitude and
absence of body itself, as they share
while mind continue n engage to dare!

An ultimate bond that defines 'Love',
in its three different dimensions –
'Bhog', as love for the Physical body
'Shakti', love for the heart, beyond body
'Darshan', love for the beautiful mind
a much transcendental state of bind!

The Yog union has yet another face –
Two atoms with 'Triple Covalent Bond',
sharing three electrons each of brace!
Intellectual, Emotional, & the Physical
A possibility, but scarce one to lace!

More often than not, it's not the Double
but the eligible Single Covalent Bond
that prevails among the great mortals
where one out of the three electrons
is shared between coexistent cartals!

And what the incorrigible man Rajeev
can aspire or achieve is an 'Ionic Bond'
with his family, friends and all allies!
Where no electrons can be shared,
except for the charge that's spared!
The real difference lies in identifying
whether its 'Strong' or 'Simply' paired!

It's the material and/or physical bond
that relies & thrives on mutual benefits
where the relationship can nowhere be
the much-sought-after divine affair of
the exemplary love of 'Shiva n Shakti',
an unconditional feel of pure emotions
rather a business of rigid emoticons!
What we perceptively refer as 'Love'
is nothing but 'Bhog' rather than 'Bhakti'
But the saving grace is that Rajeev,
'the incorrigible' finally does realize
Love is much beyond its physicality,
that Love is much beyond ownership
and Love is much beyond loyalty!
In essence it has no fixed diction
It may sound as poetic hallucination!
But has an ever inescapable union
with God's own exalted creation!